

Special Issue

Dietary Intake and Aging Brain

Message from the Guest Editor

The world's population is growing older. Consequently, much work is underway focusing on the development of strategies to maintain health with advancing age. Diet represents one such strategy. However, many questions still need to be answered, including regarding which dietary components or patterns confer the greatest benefit, and to which systems of the body, what level of consumption is required and for what timeframe, and whether such strategies can reduce risk of age-related diseases such as Alzheimer's and dementia.

This Special Issue on 'Dietary Intake and the Aging Brain' seeks to address some of these knowledge gaps by publishing selected papers detailing specific aspects of nutrition that could play a role in maintaining brain health with advancing age.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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