

Special Issue

Diet in Prevention and Management of Crohn's Disease and Ulcerative Colitis

Message from the Guest Editor

In recent decades, the interplay of diet and gut health has gained increased attention. Appropriate nutrition strategies seem to be extremely important in the prevention and treatment of gastrointestinal diseases. In respect of the observed increase in the incidence of Inflammatory Bowel Disease (IBD) around the world, it is essential to understand the impact of nutrition and dietary strategies on the course of IBD. The purpose of this Special Issue is to provide new insight into the significance of nutrients and dietary habits in the prevention, treatment and occurrence of intestinal inflammation. We encourage the research community to deepen our understanding of the effects of diet on the course of IBD.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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