

## Special Issue

# Dietary Management and Nutritional Needs in Patients with Heart Failure

### Message from the Guest Editor

Amid this heart failure pandemic, the aim of the present issue is to summarize recent developments in dietary interventions as well as understanding of nutritional needs in the management of heart failure. Presentation and discussion of concepts related to dietary habits, salt intake, Mediterranean diet, weight loss, personalized nutritional interventions, and other types of traditional or innovative ideas in the context of the aforementioned issues are welcome. In addition, both genetic and environmental factors play a role in determining the efficacy of different diets and elucidating the determinants of heart failure. Another topic that will be reviewed in this Special Issue is dietary patterns or lifestyles associated with risk for heart failure, including hypertension, diabetes, dyslipidemia, and cardiomyopathy. Finally, it is still unclear whether they also modify the risk among patients with genetic diseases that lead to heart failure. I invite scientists to take part in this Special Issue with manuscripts describing original research or reviewing the scientific literature on this topic.

### Guest Editor

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### Deadline for manuscript submissions

closed (31 July 2024)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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