

# Special Issue

## Diet and Mental Health

### Message from the Guest Editor

In this special issue we will welcome original research and systematic reviews of the literature on the role of food and dietary patterns in the prevention and treatment of mental health, across the spectrum including mental health/wellbeing thorough to mental illness. This issue will focus on the diet and dietary patterns broadly rather than bioactive substances, non-nutritive supplements and/or complementary medicine.

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### Guest Editor

Dr. Lesley MacDonald-Wicks

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### Deadline for manuscript submissions

closed (20 April 2019)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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