

Special Issue

Role of Diet in Arterial Stiffness and Atherosclerosis

Message from the Guest Editors

The composition of the diet has an important role in health throughout life. The different patterns of the diet and its composition of macronutrients and micronutrients influence morbidity and mortality due to cardiovascular diseases. In turn, cardiovascular diseases are conditioned by arterial stiffness and the presence of atherosclerosis. There is a growing scientific and clinical interest in the role of different dietary patterns, as well as macronutrients and micronutrients in arterial stiffness and atherosclerosis. This Special Issue will focus on research describing the influence of different dietary patterns, macronutrients, and micronutrients on arterial stiffness and atherosclerosis. As well as in those interventions aimed at improving arterial stiffness or atherosclerosis.

Dr. Leticia Gómez-Sánchez

Guest Editors

Prof. Dr. Manuel A. Gomez-Marcos

Department of Medicine, University of Salamanca, 37007 Salamanca, Spain

Dr. Leticia Gómez Sánchez

Institute of Biomedical Research of Salamanca (IBSAL), 37007 Salamanca, Spain

Deadline for manuscript submissions

closed (31 July 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/136772

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)