

Special Issue

Creatine Supplementation in Health, Performance, Disease and Rehabilitation

Message from the Guest Editors

Our 2021 Special Issue on [Creatine Supplementation for Health and Clinical Diseases](#) was a great success, publishing 28 papers from leading creatine scholars and an MDPI book. Invited papers were also presented at the [2022 Creatine Conference in Health and Disease Throughout the Lifetime](#). Due to the success of that previous Special Issue, *Nutrients* has asked us to extend this effort by editing this Special Issue that will publish additional comprehensive reviews and original research studies evaluating the impact of creatine supplementation on health, performance, disease management, and rehabilitation. While those who participated and/or attended the online conference will receive a 10% discount on article processing fees for publishing their work in this Special Issue, we invite all scholars doing research on creatine to submit their work to this Special Issue. We plan to publish papers submitted to this Special Issue in a special topics book of selected 2023–2024 publications.

Guest Editors

Prof. Dr. Richard B. Kreider

Exercise & Sport Nutrition Laboratory, Human Clinical Research Facility, Texas A&M University, College Station, TX 77843, USA

Prof. Dr. Jeffrey R. Stout

Physiology of Work and Exercise Response (POWER) Laboratory, Institute of Exercise Physiology and Rehabilitation Science, School of Kinesiology and Physical Therapy University of Central Florida, 12494 University Blvd., Orlando, FL 32816, USA

Deadline for manuscript submissions

closed (5 February 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/115384

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)