

Special Issue

Dietary Plant Origin Bio-Active Compounds, Intestinal Functionality and Microbiome

Message from the Guest Editor

Plant-based diets contain metabolites that may impact on health and disease prevention. Most are focused on the potential bioactivity and nutritional relevance of several classes of phytochemicals. Intestinal bacterial activity may transform complex compounds into simple metabolites. Prebiotics selectively promote proliferation and/or activity of health-promoting bacterial populations in the colon. Various pulse seed soluble extracts are responsible for improving gastrointestinal motility, intestinal functionality and morphology, and mineral absorption. Several phenolic acids and other phytochemicals affect the expression and activity of enzymes involved in the production of inflammatory mediators of pathways thought to be important in the development of gut disorders. However, it is still unclear as to which of these compounds are beneficial to gut health. Hence, the aim of the Special Issue is to explore the interactions between dietary plant origin bioactive compounds, their potential effects on the intestinal bacterial populations, and overall intestinal functionality and gut health.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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