

Special Issue

Binge Eating Disorder

Message from the Guest Editors

Binge Eating Disorder (BED) has recently been integrated as a novel diagnosis into the DSM-5. Affected patients suffer from recurrent binge eating episodes, which are characterized by an abnormally large amount of food in a short period of time and subjective loss of control over eating during the episode. As patients do not use regular compensatory behavior, BED is often associated with overweight and obesity. There is an increasing interest in understanding mechanisms underlying BED, also to inform development of novel effective treatment approaches. The purpose of this Special Issue is to give an update on the evidence on clinical, risk and maintenance factors of BED, including findings from psychological, neuroendocrinological and animal research, and to discuss implications for interventions.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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