Special Issue Binge Eating Disorder

Message from the Guest Editors

Binge Eating Disorder (BED) has recently been integrated as a novel diagnosis into the DSM-5. Affected patients suffer from recurrent binge eating episodes, which are characterized by an abnormally large amount of food in a short period of time and subjective loss of control over eating during the episode. As patients do not use regular compensatory behavior, BED is often associated with overweight and obesity. There is an increasing interest in understanding mechanisms underlying BED, also to inform development of novel effective treatment approaches. The purpose of this Special Issue is to give an update on the evidence on clinical, risk and maintenance factors of BED, including findings from psychological, neuroendocrinological and animal research, and to discuss implications for interventions

Guest Editors

Prof. Dr. Katrin Giel

Department of Psychosomatic Medicine and Psychotherapy, University Tübingen, Tübingen, Germany

Prof. Dr. Fernando Fernández-Aranda

Department of Psychiatry, University Hospital of Bellvitge-IDIBELL and CIBEROBN, Barcelona, Spain

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Palmas, Spain

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