

Special Issue

Dietary Bean Consumption and Human Health

Message from the Guest Editor

Of the four most prominent pulses, common bean is consumed in the largest amount per capita and is a focus of this Special Issue on “Dietary Bean Consumption and Human Health” in *Nutrients*. However, research in which other pulses are investigated will also be considered. Manuscripts can focus on a broad range of health related issues including: 1) micronutrient nutrition, 2) chronic disease prevention and control, 3) agronomic traits related to human health 4) the microbiome and gut health, 5) immune regulation, 5) closing the dietary fiber gap, 6) amino acid availability as it relates to mTOR regulation, 6) cultural and psychosocial determinants of common bean consumption, 7) xenohormesis as it relates common bean domestication, 8) the use of genomic data on common bean to improve human health characteristics of this food source, and the design of human cuisines intended to increase common bean consumption, 9) the use of common bean seed to produce microgreens, and 10) the identification of bioactive components of common bean.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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