

Special Issue

Role of Nutrition in Aging-Related Obesity, Sarcopenia, Osteoporosis and Chronic Disease

Message from the Guest Editor

The following Special Issue focuses on the evaluation of aging and concurrent constitutional changes such as sarcopenia, osteoporosis, and obesity that are associated with progressive functional decline. The co-occurrence and mutual interference of these risk factors are the main areas under investigation worldwide. For example, the coexistence of osteoporosis and sarcopenia has recently been defined in some groups as a syndrome termed “osteosarcopenia”. Visceral or subcutaneous is the main area of investigation for future studies. Diagnosis in the early stages of the disease, taking prophylaxis and treatment measures, will lead to decision-making at the level of clinical research and health policy.

Guest Editor

Prof. Dr. Simone Perna

Department of Biology, College of Science, UOB Sakhir Campus,
University of Bahrain, P.O. Box 32038, Sakhir, Bahrain

Deadline for manuscript submissions

closed (5 August 2022)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/89876

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)