

Special Issue

The Impact of Nutrition Monitoring and Intervention on Quality of Life in of Chronic Kidney Disease Patients at Different Stage

Message from the Guest Editor

Advanced CKD prior to RRT is a key stage in monitoring the nutritional status of kidney patients for early diagnosis and nutritional intervention toward preventing PEW and cachexia. It must be taken into account that the nutritional status at the start of renal replacement therapy determines the prognosis, together with other factors, in the first two years of dialysis. Although age is an independent factor for frailty and sarcopenia, both can appear in CKD patients of any age, so assessing strength, muscle mass, and functionality are very important because even if CKD progresses, the patient can have a normal life if they can maintain mass, strength, and functionality, which results in improved quality of life and prevents dependency. For all this, it is in the advanced CKD stage prior to RRT when we must carefully manage the nutritional status and body composition, since anything that is left unoptimized will lead to dialysis and reversibility, creating a more difficult situation for the patient. We have established this Special Issue to highlight the risk factors to focus on in maintaining an adequate quality of life for CKD patients, even in cases of disease progression.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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