

Special Issue

The Effect of Nutritional Support on Malnourished Medical Inpatients

Message from the Guest Editors

This Special Issue, “The Effect of Nutritional Support on Malnourished Medical Inpatients”, invites high-quality manuscripts that explore innovative approaches, clinical trials, systematic reviews, and implementation studies focused on optimizing nutritional care in hospitalized patients. Topics of interest include, but are not limited to, the following: early detection and screening tools; oral, enteral, and parenteral nutrition strategies; multidisciplinary interventions; and the evaluation of clinical, functional, immunological, and psychosocial outcomes. Studies examining long-term benefits, cost-effectiveness, and policy implications are also highly encouraged.

By collecting evidence from diverse healthcare settings, this Special Issue seeks to advance understanding of the impact of nutritional support, provide practical guidance for clinicians, and inform decision-makers. We welcome submissions that contribute to improving the quality of hospital care and the recovery of malnourished medical inpatients.

Guest Editors

Prof. Dr. José Antonio Hurtado-Sánchez

Department of Nursing, Faculty of Health Science, University of Alicante, 03690 Alicante, Spain

Dr. Miriam Sánchez-SanSegundo

Department of Health Psychology, University of Alicante, 03690 Alicante, Spain

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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