

Special Issue

Health Systems Interventions and Innovations to Address Malnutrition

Message from the Guest Editor

The WHO has estimated that 1.9 billion adults are overweight or obese, while 462 million are underweight. In addition, in 2022, 149 million children under 5 were estimated to be stunted, 45 million were estimated to be wasted, and 37 million were overweight or obese globally. Nearly half of deaths among children under 5 years of age are linked to undernutrition. Thus, interventions and innovations that address malnutrition, especially from the health systems perspective, are crucial. These interventions encompass a range of strategies designed to improve nutritional outcomes, including but not limited to, policy initiatives, healthcare delivery improvements, community-based programs, and technological innovations. By targeting both ends of the malnutrition spectrum, these efforts seek to address the complex interplay of factors contributing to inadequate or excessive nutrient intake, thereby promoting enhanced overall health and well-being for populations worldwide.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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