

Special Issue

Nutrition and Quality of Life for Patients with Chronic Disease

Message from the Guest Editors

The Special Issue "Nutrition and Quality of Life for Patients with Chronic Disease" examines the intricate relationship between dietary practices and the general well-being of people with chronic diseases. It explores how individualized dietary therapies might improve physical and mental health outcomes, reduce symptoms, and possibly even stop the course of the disease, significantly improving the quality of life for these individuals. This topic encompasses the impact of specific diets on illnesses such as diabetes, heart disease, and chronic kidney disease, along with the role of micronutrients and dietary supplements. In addition, it examines the psychological elements of dieting and emphasizes the need for patient education to help people make long-lasting lifestyle changes. This Special Issue aims to provide medical practitioners with useful insights for improving patient care through nutritional treatment.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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