

Special Issue

Nutritional Evidence in Asthma and Allergy Pathogenesis

Message from the Guest Editors

Nutritional exposures have the potential to impact health through a variety of biologic mechanisms, including the influence on inflammation and oxidant balance, alteration of the gut microbiome, and epigenetic change. Indeed, the World Health Organization recognized an unhealthy diet as a prominent risk factor for the development of chronic disease. There is a growing body of evidence suggesting that nutrition may contribute more specifically to the pathogenesis and severity of asthma and allergic disease, affecting hundreds of millions of individuals globally. A thorough understanding of which nutritional factors may contribute to disease, and how, is critical to achieving progress in the goal of reducing disease incidence and morbidity. This Special Issue aims to collect original research articles, reviews, and short papers on the topic of evidence (including interventions) in the prevention or management of asthma and allergy.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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