

Special Issue

Diet, Inflammation and Metabolic Complications

Message from the Guest Editors

In this special issue, we focus on the role of diet, particularly dietary components and factors that may contribute to the obesity epidemic and are associated with systemic metabolic complications, or may be used as drugs to treat obesity and its related complications. At the same time, certain types of diets or dietary components can be a savior against metabolic complications. Our special issue also focuses on the dual roles of diet and dietary components in regulating metabolic complications. Articles on plant or herbal extracts, or specific isolated components, demonstrating potential therapeutic benefits or contributing to the pathophysiology of systemic complications are also welcome to be submitted to this special issue series. The focus may be on systemic complications or organ-specific pathology, or treatment using specific diets or dietary components. This special issue will provide a clearer understanding of the role of diet and dietary components in regulating obesity and metabolic complications.

Guest Editors

Dr. Prasanth Puthanveetil

Department of Pharmacology, College of Graduate Studies, Midwestern University, Downers Grove, IL 60515, USA

Dr. Abeer M. Mahmoud

Department of Medicine, Division of Endocrinology, Diabetes, and Metabolism, College of Medicine, University of Illinois at Chicago, Chicago, IL 60612, USA

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MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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