

## Special Issue

# Diet and Supplements in the Prevention and Treatment of Eye Diseases

### Message from the Guest Editor

Dietary modification and nutritional supplementation for the prevention and treatment of these conditions have attracted considerable scientific attention. It is well known that for individuals with diabetes, maintaining stable blood sugar levels through diet and lifestyle measures is crucial in preventing and treating diabetic retinopathy. A large body of scientific evidence supports the role of supplements and diet rich in antioxidants, such as vitamins C and E, zinc, lutein, zeaxanthin and omega-3 fatty acids, in reducing the risk of AMD or slowing its progression. Research on the role of diet and supplements in treating other conditions such as cataracts, glaucoma and dry eye has received increasing attention in recent years. I warmly welcome short communications, original research articles and review articles related to this topic.

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### Deadline for manuscript submissions

closed (5 June 2025)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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