Special Issue

Dietary Macronutrients and Cardiometabolic Diseases

Message from the Guest Editor

Cardiometabolic diseases continue to be the most important and leading causes of morbidity and mortality globally. The benefits of consuming a high-quality diet and the role of diet essential nutrition in safeguarding cardiometabolic disease have attracted a great deal of attention. Therefore, this Special Issue titled "Dietary Macronutrients and Cardiometabolic Diseases" aims to elucidate the role of dietary essential nutrition, natural products, diet active ingredients, or specific foods that influence cardiometabolic disorder in the context of increased adiposity or diabetes. Articles that shed light on how these factors control the development and progressions of cardiometabolic disorder, which ultimately characterize and implement evidence-based strategies for lifestyle change, are invited. More importantly, comprehensively regulatory mechanisms of dietary nutrients in cardiometabolic diseases are particularly welcome.

Guest Editor

Prof. Dr. Junlian Gu Cheeloo College of Medicine, Shandong University, Jinan, China

Deadline for manuscript submissions

closed (25 February 2023)



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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

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