

Special Issue

Dietary Macronutrients and Cardiometabolic Diseases

Message from the Guest Editor

Cardiometabolic diseases continue to be the most important and leading causes of morbidity and mortality globally. The benefits of consuming a high-quality diet and the role of diet essential nutrition in safeguarding cardiometabolic disease have attracted a great deal of attention. Therefore, this Special Issue titled “Dietary Macronutrients and Cardiometabolic Diseases” aims to elucidate the role of dietary essential nutrition, natural products, diet active ingredients, or specific foods that influence cardiometabolic disorder in the context of increased adiposity or diabetes. Articles that shed light on how these factors control the development and progressions of cardiometabolic disorder, which ultimately characterize and implement evidence-based strategies for lifestyle change, are invited. More importantly, comprehensively regulatory mechanisms of dietary nutrients in cardiometabolic diseases are particularly welcome.

Guest Editor

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Deadline for manuscript submissions

closed (25 February 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/130899

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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