

Special Issue

Selected Papers from the 4th International Electronic Conference on Nutrients—Plant-Based Nutrition Focusing on Innovation, Health and Sustainable Food Systems

Message from the Guest Editors

We are delighted to announce a Special Issue inspired by the "4th International Electronic Conference on Nutrients—Plant-Based Nutrition Focusing on Innovation, Health, and Sustainable Food Systems" (16–18 Oct 2024) virtual online conference focused on the latest developments in nutrient research, particularly innovations aimed at promoting health and sustainability. This Special Issue will serve as a multidisciplinary platform for the publication of cutting-edge research and advancements in nutrient science, emphasizing both macro- and micronutrients. This Special Issue will cover a broad range of topics discussed during the conference, including, but not limited to, the following:

- Plant-Based Diets: Health and Well-Being
- Innovation in Dietary Choices
- Diet and Chronic Disease Management
- Global Nutrition Trends: Shaping Health and Athletic Performance
- Behavioral Approaches to Healthier Eating
- Nutrition Across the Lifespan

Guest Editors

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Prof. Dr. Jaime Uribarri

Prof. Dr. David C. Nieman

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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