

Special Issue

Dietary Intake of Natural Molecules, Diseases and Health

Message from the Guest Editor

Natural molecules are possessed with mechanisms of action that can intervene in multiple disease targets and pathways, which have stimulated considerable interest among researchers in natural drug therapies.

This Special Issue aims to describe and stress the importance of natural molecules in human health and disease development; understand the mechanism(s) whereby natural molecules can affect disease development; and examine potential novel therapies. This Special Issue is open for the submission of articles and reviews describing the available literature and research evidence, with a critical examination of the data and identification of current research outcomes and study limitations and potential advances in knowledge in the research area. Exploring the effects of natural molecules, including nutrients, supplements, or extracts from plants on disease development, is within the scope of this study. This includes all types of disease, exploring direct or future effects from animal or human studies. The content may be useful for clinical practitioners and inspire further innovative research.

Guest Editor

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Deadline for manuscript submissions

closed (15 July 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/192423

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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