

## Special Issue

# Management of Non-alcoholic Fatty Liver Disease from Primary Care: Dietary and Nutritional Considerations (2nd Edition)

### Message from the Guest Editors

In recent years, non-alcoholic fatty liver disease (NAFLD) has become an emerging disease worldwide closely related to an increase in obesity and type 2 diabetes mellitus (T2DM). This pathology is closely related to metabolic syndrome (MS). However, we do not have sufficient data on the impact of NAFLD on the general population or the consequences it may have in the future. Primary care is the most appropriate setting for implementing early detection strategies as well as any intervention aimed at weight loss through nutrition and physical exercise. Framing this as a challenge for preventive practices provides an opportunity to avoid the development of advanced stages of this disease as well as its multiple associated comorbidities and complications. Considering all this, in this Special Issue of *Nutrients* entitled "Management of Non-alcoholic Fatty Liver Disease from Primary Care: Dietary and Nutritional Considerations (2nd Edition)", we encourage researchers to submit articles that examine strategies for the early detection of NAFLD, its risk factors and interventions aimed at weight loss through physical exercise and especially nutrition.

### Guest Editors

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### Deadline for manuscript submissions

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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