

Special Issue

Assessment of Vitamin D Status and Intake in Human Health

Message from the Guest Editor

Vitamin D deficiency has a high prevalence worldwide. The heterogeneity of nutritional and clinical VD guidelines is the most challenging. As the VD receptor is expressed in most human cells, it has been proposed that VD may have a more widespread role in general health. Several experimental and epidemiological studies support this. The general dilemma regarding the potential extra-skeletal health benefits of VD is that the VD requirements for skeletal health may be fulfilled at lower or higher 25(OH)D concentrations than the requirements for certain extra-skeletal health benefits. This Special Issue will include manuscripts that focus on assessing vitamin D status and investigating the associations or causal relationships with any health benefit or disease outcome. Additionally, we accept studies regarding investigating vitamin D supplementation in healthy individuals or in patient populations with vitamin D deficiency compared to those of normal vitamin D status.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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