

## Special Issue

# Treatment of Cow's Milk Allergy: New Developments

### Message from the Guest Editor

Allergic diseases, such as food allergies, are heterogeneous inflammatory immune-mediated disorders that have shown a significantly increased prevalence in Western countries in recent decades. Cow's milk allergy (CMA) represents a model for evaluating the natural history of food allergies. The management of cow's milk allergy is an area of debate. Which formula is the best as a diagnostic elimination diet? As a therapeutic elimination diet? Is there a role for a plant-based formula? What about the role of soy infant formula or rice hydrolysates? Is there an advantage to adding oligosaccharides or probiotics to the elimination diet to acquire a more rapid tolerance? In this Special Issue, we focus on preventive measures of cow's milk allergy, follow-up recommendations, and treatment with alternative formulas. Thus, the management of patients with CMA is of interest not only for the pediatrician but also for the adult allergist and will be discussed in this Special Issue. I invite our readers to share the results of their research in this area.

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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