

Special Issue

Exploring the Evaluation and Treatment of Extraintestinal Disease Symptoms in Patients with Gut Dysbiosis

Message from the Guest Editors

Gut dysbiosis is commonly found in patients with systemic diseases and various disease syndromes. The coexistence or causal relationship between the two remains a subject for consideration and research. These changes can affect the profile of the microbiome and its metabolic capacity. DNA technology in diagnostic methods allows for precise knowledge of the microbiome changes, while biochemical methods help to determine the metabolic properties of gut bacteria. The results of these tests enable a more accurate assessment of dysbiosis, which has practical value and facilitates rational and personalized therapy. Restoring eubiosis (a healthy balance of microorganisms in the gut) is crucial for health. Therefore, further enrichment of knowledge in this field is necessary.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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