

Special Issue

Assessment of Nutritional Status in Older Persons

Message from the Guest Editors

Malnutrition is highly prevalent in the older population. It is associated with declining functionality and relevant health deficits, such as functional status, impaired muscle function, decreased bone mass, immune dysfunction, anaemia, reduced cognitive function, poor wound healing, and delayed recovery from surgery. Significantly, due to the COVID-19 pandemic, a major part of social lifestyle has been changed, including changes in eating patterns and physical activity. This could lead to an increased risk of malnutrition. Additionally, older patients seem to be the most vulnerable group to COVID-19. These patients are usually characterized by impaired locomotion and malnutrition. Thus, nutrition assessment is vital in older adults, as it can bring about improved nutritional status and outcomes, and thus individual benefits for affected persons. This Special Issue aims to explore the principles and tools of successful nutritional screening and assessment in older persons. We also welcome research and knowledge on the current handling of malnutrition in older people. In the present Special Issue, we welcome original articles, as well as narrative and systematic reviews.

Guest Editors

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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