

Special Issue

Nutrition Status in Vulnerable Groups

Message from the Guest Editor

Dear Colleagues, Adequate nutrition is essential to maintain good health and prevent disease, and malnutrition can affect long-term health outcomes. Differing environmental, social, cultural, and economic conditions limit access to nutrient intake and affect health in developing (e.g., wasting, stunting, and other related malnutrition) and developed countries (e.g., obesity). Healthy eating depends not only on food availability and quality, but also on food education, nutritional practices and customs, and both access to and affordability of food. Vulnerable populations vary by context and can include populations displaced by conflict and natural disasters, refugees and migrants, indigenous peoples, minorities, the elderly, pregnant women, people with disabilities, the homeless, young children, and youth. This Special Issue welcomes original papers, review articles, and intervention studies that address under-nutrition, over-nutrition, food security, and dietary and nutrient intake of vulnerable groups in both developed and developing countries.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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