

# Special Issue

## Vegan Nutrition

### Message from the Guest Editor

This Special Issue of *Nutrients* will highlight the research supporting the health benefits and advantages of a total plant-based diet, including protection against major chronic diseases. In addition, research documenting any nutritional concerns relating to the regular consumption of a vegan diet, and papers dealing with diet sustainability and impact of a vegan diet on the environment, will be considered. We will also highlight any differences, in health and nutritional status, seen in population groups following a vegan diet as compared to a lacto-ovo-vegetarian diet. Research that highlights the health outcomes of different ethnic groups consuming a vegan diet is encouraged.

### Guest Editor

Prof. Winston Craig

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### Deadline for manuscript submissions

closed (21 December 2018)



# Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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