

Special Issue

Natural Products and Human Health

Message from the Guest Editor

Phytochemicals, extracts purified from natural products, and natural products themselves, whether plant-originated or animal-originated, have been used for the promotion of health for thousands of years. Recent progress has shone lights on the biological properties of natural products. However, the precise biological target(s) and actual mode of action are often unexplored, and the traditionally recognized health effects have also been challenged by population-based studies. We aim to provide new insights towards the role of natural products in maintaining and promoting human health, especially in the prevention of chronic disease, and focus on the selection of evidence-based reviews and original laboratory research with high-quality advanced knowledge. Additionally, research that explores and derives guidance intake levels of phytochemicals and natural products is also a focus of this Special Issue. Any other suggestions from experts in the field are more than welcome. I encourage authors to submit their original research on this attractive topic.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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