

## Special Issue

# Diabetes Mellitus and Nutritional Supplements (2nd Edition)

### Message from the Guest Editors

Medical nutritional therapy is fundamental in stopping or managing existing diabetes and preventing or slowing down the progression of its complications. Nutritional supplements are central to such strategies and, in many cases, are an integral part of antidiabetic management, constituting perhaps the most significant aspect of diabetes prevention programs and continuously being integrated into diabetes therapy.

This Special Issue examines the efficacy and potential benefits of select dietary supplements (i.e., proteins, branched-chain amino acids, creatine, vitamin D, and vitamin B12) in managing T2D and its complications. These nutritional supplements show promise for individuals with T2D and could positively impact patient outcomes and reduce the burden placed on healthcare; however, further research, especially long-term RCTs, is needed before a consensus on their efficacy can be reached. This Special Issue aims to discuss these issues and seeks the submission of scientific work, either original papers or review articles, that address these topics.

### Guest Editors

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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