

Special Issue

Nutritional Assessment and Management of Patients in the Rehabilitation Units

Message from the Guest Editor

Many patients face significant physical and psychological disability following discharge after illness. They are often malnourished, a condition associated with poor outcomes, and nutrition remains problematic, particularly in the early phases of patients' recovery. Yet nutrition rehabilitation, the process of restoring or optimizing nutritional status following illness, is seldom prioritized. Malnutrition is associated with worse outcomes in rehabilitation patients; however, appropriate malnutrition assessment and management for this population has not been well investigated. Accurate identification and management of malnutrition is essential, so that patient outcomes can be improved and resources used efficaciously. This Special Issue provides a platform for researchers to discuss “Nutritional Assessment and Management of Patients in the Rehabilitation Units” with the aim of helping to promote the development of this field. Discussions on diagnostic or prognostic biomarkers of nutritional status of these patients are also accepted. In the present Special Issue, we welcome original articles and narrative and systematic reviews.

Guest Editor

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Deadline for manuscript submissions

closed (15 November 2024)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/188248

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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