

Special Issue

The Impact of Food Labeling on Food Choices and Eating Behaviors

Message from the Guest Editor

Food labeling plays a central role in shaping consumer perceptions of nutrition and guiding dietary behaviors. Food labels and associated claims can influence food choice, eating habits, and broader health outcomes by providing information about nutrient content, health benefits, and sustainability. While food labeling and claims have the potential to promote informed decisions and healthier eating patterns, they may also mislead consumers or reinforce misconceptions. Therefore, examining the impact of food labeling and claims requires attention to both their benefits and unintended consequences for public health. This Special Issue seeks contributions that explore the influence of food labeling and claims on food choice, nutrition, and eating behaviors.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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