

## Special Issue

# Effects of Nutraceuticals on Intestinal Inflammation

### Message from the Guest Editors

Nutraceuticals include a wide range of foods or food components such as isolated nutrients, herbal products, dietary supplements, novel foods, and processed food ingredients that provide medical or health benefits. They include several biological properties such as antioxidant, antihypertensive, antiproliferative, antimicrobial, and anti-inflammatory. Although, several research endeavors have been undertaken to understand their effects on the prevention and treatment of inflammation-mediated gastrointestinal diseases, their effectiveness, safety, side effects, and interactions with other nutrients or medications are not yet known. Thus, further research is required to expand our understanding about the possible usage of nutraceuticals as a novel approach against intestinal inflammation. This Special Issue aims to collate papers that highlight the latest findings on the effects of different nutraceuticals for the prevention and management of intestinal inflammation, including conditions such as Crohn's disease, ulcerative colitis and others. We invite submissions of relevant review articles, systematic reviews, meta-analyses, as well as original papers.

### Guest Editors

Dr. Efsthia Papada

Dr. Anastasia Z. Kalea

Dr. Charalampia Amerikanou

### Deadline for manuscript submissions

closed (31 December 2024)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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