

Special Issue

Nutritional Intervention in Upper GI and Pancreas Surgery

Message from the Guest Editor

Nutrition has gained a prominent role in postoperative recovery and has been embedded in clinical care pathways in various types of abdominal surgery. The beneficial effect of adequate preoperative nutritional assessment and early start of nutrition postoperatively on postoperative outcomes and modulation the surgical stress response are important driving factors. However, for esophageal, gastric (Upper GI), and pancreatic surgery, the exact role of nutrition has been a subject of discussion. The reasons may be variable: Many patients undergoing upper GI or pancreatic surgery have cancer with associated symptoms of obstruction resulting in weight loss or malnutrition. Furthermore, this type of surgery is associated with major complications such as anastomotic leakage, pulmonary complications and gastroparesis that have a direct impact on the type and especially the route of nutritional support. In this Special Issue, submissions of manuscripts describing original research, reviews of the scientific literature systematic reviews or meta-analyses are welcomed that elaborate on the role of nutrition in Upper GI and Pancreas surgery patients.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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