

Special Issue

Unfolding New Evidence on Histamine Intolerance

Message from the Guest Editors

Histamine intolerance, also referred to as enteral histaminosis or sensitivity to dietary histamine, is a non-immune-mediated adverse reaction to food that arises from a reduced histamine degradation capacity in the intestine. Although the first scientific references to histamine intolerance date from the end of the 20th century, it is significant that almost 80% are from the last decade, reflecting the growing interest of researchers in this disorder.

Currently, there is no consensual diagnostic algorithm for histamine intolerance and the treatment management is limited to the strict avoidance of dietary histamine and DAO enzyme supplementation. Moreover, the potential role of microbiota in the pathophysiology of histamine intolerance needs to be elucidated.

The aim of this Special Issue is to review and unfold new evidence on the etiology, clinical presentation, diagnosis, and treatment of histamine intolerance.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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