

Special Issue

Ultra-Processed Foods, Diet Quality and Human Health

Message from the Guest Editors

the increase in the volume of industrially processed products in the global food supply has coincided with an increasing prevalence of obesity and non-communicable diseases in many countries, suggesting that ultra-processed foods consumption may be detrimental for human health. This Special Issue aims to collect new studies investigating the relationship between the consumption of ultra-processed foods, diet quality and human health, including those aimed to: 1. Develop new tools to better determine the rate of consumption of ultra-processed foods in the population; 2. Investigate the rate of consumption of ultra-processed foods in different subgroups of the population, including subjects following different dietary patterns; 3. Analyse the relationship between the consumption of ultra-processed foods and markers of health status; 4. Explore possible mechanisms behind associations between the consumption of processed foods and health. By providing up-to-date assessments of ultra-processed foods consumption and health implications will contribute to understand if future public health nutrition policies are needed.

Guest Editors

Dr. Monica Dinu

Department of Experimental and Clinical Medicine, University of Florence, Largo Brambilla, 3, 50134 Firenze, Italy

Dr. Daniela Martini

Department of Food, Environmental and Nutritional Sciences (DeFENS), Università degli Studi di Milano, 20133 Milan, Italy

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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