

## Special Issue

# Towards Healthy and Sustainable Diets: Environmental and Nutritional Perspectives—2nd Edition

### Message from the Guest Editors

Based on the success of the first volume of the Special Issue titled “Towards Healthy and Sustainable Diets: Environmental and Nutritional Perspectives” ([https://www.mdpi.com/journal/nutrients/special\\_issues/GQ0D8F3MZ6](https://www.mdpi.com/journal/nutrients/special_issues/GQ0D8F3MZ6)), we hereby announce “Towards Healthy and Sustainable Diets: Environmental and Nutritional Perspectives—2nd Edition.”

This Special Issue aims to enhance understanding of the interconnection between human nutrition and environmental sustainability, whilst following the guidelines of sustainable diets as they should or could be implemented across global, regional, and local scales. Topics of interest include, but are not limited to, those described above. Thus, all types of quantitative and qualitative studies are welcome.

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### Guest Editors

Dr. Georgios K. Vasios

Department of Food Science and Nutrition, School of Environment, University of the Aegean, Myrina, Greece

Dr. Constantinos Giaginis

Department of Food Science and Nutrition, School of Environment, University of Aegean, Lemnos, Greece

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### Deadline for manuscript submissions

25 September 2026



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

Professor of Preventive Medicine & Public Health, Director of the Research Institute of Biomedical and Health Sciences, University of Las Palmas de Gran Canaria, Las Palmas de Gran Canaria, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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