

Special Issue

Bioactive Ingredients in Plants Related to Human Health

Message from the Guest Editors

This Special Issue, entitled “Bioactive Ingredients in Plants Related to Human Health”, will explore the impact of natural products, which originate from plants, on human wellness. Plants contain secondary metabolites that are very specific and represent a fascinating library of bioactive compounds with a broad activity in the context of human health. As society strives to transition towards more sustainable development pathways, it is important to investigate the link between biodiversity, nutritional status and human well-being. Nutrients, supplements and herbal bioactive compounds have shown promise as complementary tools in the treatment and prevention of chronic Non-Communicable Diseases (NCDs), such as obesity, type II diabetes, cancer, cardiovascular diseases and neurodegenerative diseases. Consistent with the journal *Nutrients*, we welcome original research articles, reviews and commentaries, aiming at elucidating the role of nutrients, supplements and herbal compounds in counteracting pathogenetic factors inducing NCDs, with a special emphasis on disease prevention.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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