

Special Issue

Nutrition in Gastronomic Sciences

Message from the Guest Editor

We are pleased to invite you to contribute to this Special Issue on “Nutrition in Gastronomic Sciences”. In recent years, the gastronomic sciences have emerged as a transdisciplinary framework that recognizes nutrition as one of its core pillars. The complexity of contemporary food behavior—shaped by biological, psychological, cultural, and environmental factors—requires nutritional science to broaden its methods and perspectives. This Special Issue aims to explore how nutrition, as a scientific discipline, contributes to the broader field of gastronomic sciences, and how it can support innovative, evidence-based interventions for food security, public health, and well-being. This objective aligns with the scope of the journal by emphasizing the integration of nutrition and public health, including behavioral, sensory, and cultural dimensions. We also acknowledge food-related pleasure and the gastronomic experience as legitimate dimensions of health, and welcome contributions that critically examine these concepts.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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