

Special Issue

Neurological Disorders: Diets and Nutrition

Message from the Guest Editor

We are pleased to announce a Special Issue dedicated to exploring the intersection between neurological disorders, diet, and nutrition. This Special Issue invites researchers, clinicians, and scholars to submit their latest findings, reviews, and theoretical perspectives on how dietary patterns, nutritional interventions, and nutrient-specific mechanisms influence the onset, progression, and management of neurological disorders. Topics may include, but are not limited to, the role of macronutrients and micronutrients, the impact of specific diets (e.g., ketogenic, Mediterranean, or low-FODMAP diets), and the potential of nutraceuticals to mitigate symptoms or enhance cognitive and neurological health. By assembling diverse insights into the connection between nutrition and neurological health, this Special Issue aims to advance our understanding and inform future therapeutic strategies for conditions such as Alzheimer's disease, Parkinson's disease, multiple sclerosis, epilepsy, and other neurological and neuropsychiatric disorders. Join us in shaping a comprehensive resource for this emerging and impactful field.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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