Special Issue

Dietary Surveys and Guidance: From Data and Evidence to Action

Message from the Guest Editors

Dietary data are essential for the study of diet-health relationships, as an input to policy and program formulation, to evaluate the impact of actions, to inform (sub)national dietary guidelines, and to measure change in dietary patterns over time. A variety of survey types from quantitative individual surveys to household and national level data can be used to generate dietary data. Important gaps exist in documenting the application of these data types, their relative cost, and varying strengths and limitations for the various purposes mentioned, among others. Many novel methodologies and measures are under development, with promising results to enable data generation and utilization. This Special Issue seeks original research on the development and validation of measures, methodologies and tools to assess dietary intake and their application to health research and policy and programmatic formulation, including but not limited to the development and utilization of dietary guidelines, food safety policies, agriculture or other food-related policies, and food and nutrition standards such as school meals and food fortification, among others.

Guest Editors

Dr. Lynnette M. Neufeld

Dr. Bridget A. Holmes

Dr. Fatima Hachem

Deadline for manuscript submissions closed (25 August 2025)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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