

Special Issue

Nutrition Management for Pediatric Gastrointestinal Disease

Message from the Guest Editor

Pediatric gastrointestinal (GI) diseases pose unique nutritional challenges, requiring tailored approaches to support optimal growth, development, and quality of life. The Special Issue will address these challenges through cutting-edge research, clinical insights, and practical strategies.

Children with GI disorders, including inflammatory bowel disease (IBD), celiac disease, gastroesophageal reflux disease (GERD), eosinophilic disorders (EGIDs), and functional gastrointestinal disorders, face significant nutritional hurdles. These conditions disrupt digestion and absorption, necessitating specialized dietary interventions to manage symptoms, prevent malnutrition, and ensure adequate nutrient intake. For those with eosinophilic GI disorders, dietary modification and allergen avoidance are especially critical.

This Special Issue aims to provide a comprehensive overview of current practices and emerging research in pediatric GI nutrition. By integrating diverse perspectives and recent advancements, we seek to enhance understanding and improve clinical practices, ultimately contributing to better health outcomes and quality of life for affected children.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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