

Special Issue

Impacts of the Mediterranean Diet on Metabolic Diseases

Message from the Guest Editors

This Special Issue, entitled “Impact of the Mediterranean Diet on Metabolic Disease”, will explore the impact of the Mediterranean diet on metabolic diseases with an increasing prevalence worldwide, including type 2 diabetes and its complications, obesity, dyslipidemia, hypertension, metabolic syndrome, atherosclerosis and metabolic liver disease. We aim to elucidate the role of the Mediterranean diet—including the factors of adherence, consumption, and intervention—in different aspects of the prevention and management of these metabolic conditions. Through this Special Issue, we hope to provide health care professionals and scientists with updated information on new diet-related approaches and their effect on metabolic diseases with supporting evidence.

Guest Editors

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Dr. Minerva Granado-Casas

Dr. Joana Rossell

Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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