

Special Issue

Advances in Nutritional and Supportive Interventions for Breastfeeding Success

Message from the Guest Editors

Optimal maternal nutrition plays a critical role in breastfeeding outcomes, yet evidence on effective nutritional interventions remains diverse and evolving. This Special Issue, "Advances in Nutritional and Supportive Interventions for Breastfeeding Success", aims to explore the impact of maternal nutrition during pregnancy and the postpartum period on breastfeeding initiation, exclusivity, duration, and breast milk composition. We welcome studies investigating a wide range of dietary patterns, nutritional supplements, and culturally specific practices across varied maternal populations. Both observational and interventional research, systematic reviews, and meta-analyses are encouraged. Research examining underlying mechanisms, such as changes in breast milk nutrients, maternal health, and infant growth outcomes, is also highly relevant. We hope this Special Issue will contribute to advancing evidence-based strategies for promoting breastfeeding through nutritional support.

Guest Editors

Dr. Jinyue Yu

Dr. Evgen Benedik

Dr. Adriana del Pilar Vazquez Vazquez

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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