

Special Issue

Advances in Nutritional and Supportive Interventions for Breastfeeding Success

Message from the Guest Editors

Optimal maternal nutrition plays a critical role in breastfeeding outcomes, yet evidence on effective nutritional interventions remains diverse and evolving. This Special Issue, "Advances in Nutritional and Supportive Interventions for Breastfeeding Success", aims to explore the impact of maternal nutrition during pregnancy and the postpartum period on breastfeeding initiation, exclusivity, duration, and breast milk composition. We welcome studies investigating a wide range of dietary patterns, nutritional supplements, and culturally specific practices across varied maternal populations. Both observational and interventional research, systematic reviews, and meta-analyses are encouraged. Research examining underlying mechanisms, such as changes in breast milk nutrients, maternal health, and infant growth outcomes, is also highly relevant. We hope this Special Issue will contribute to advancing evidence-based strategies for promoting breastfeeding through nutritional support.

Guest Editors

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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