

Special Issue

Dietary Phytochemicals and Chronic Diseases

Message from the Guest Editor

During the past decades, the exploration of the relationship between dietary phytochemicals and chronic disease prevention has emerged as an important topic, and nowadays, a great number of pieces of preclinical and clinical evidence have been collected. Indeed, the adherence to a healthy diet (i.e., Mediterranean) or the supplementation of a diet with micronutrients (vitamins or minerals) or products that are isolated from vegetables (including phytosterols, carotenoids or flavonoids) or foods (such as cacao or extra-virgin olive oil) may contribute to health and to the prevention of chronic diseases, including cardiovascular and neurodegenerative diseases as well as cancer. This Special Issue calls for original research as well as review articles and meta-analyses in which a non-traditional use of phytochemicals is taken into consideration. The contributions of high-quality research based on the identification of new insights into cellular and molecular mechanisms and the evaluation *in vitro* or *in vivo* as well as in human effectiveness in conditions that are not yet considered pathological are welcome.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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