Special Issue

Nutrition and Lifestyle as Preventive and Therapeutic Targets for Obesity and Inflammation

Message from the Guest Editors

Nutrition and lifestyle are key to preventing weight gain and reducing susceptibility to infections such as COVID-19. This Special Issue will accept submissions of both original research manuscripts and review articles focusing on how nutrition alone or together with lifestyle is able to prevent obesity and systemic/local inflammation. Articles exploring inflammatory bowel disease, irritable bowel syndrome and metabolic disorders will be considered for publication in this Special Issue. Articles focusing on the interactions between systemic inflammation and local inflammation (gastrointestinal tract, brain, liver, adipose tissue, bone, etc.) that provide new insights into preventive and therapeutic targets for obesity are also very welcome.

Guest Editors

Dr. Sara Baldassano

Dipartimento di Scienze e Tecnologie Biologiche Chimiche e Farmaceutiche, Università degli Studi di Palermo, 90133 Palermo, PA, Italy

Prof. Dr. Sumei Liu

Department of Biology, College of Science and Health, University of Wisconsin-La Crosse, La Crosse, WI 54601, USA

Deadline for manuscript submissions

closed (10 January 2023)



Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed



mdpi.com/si/98866

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed





About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
 Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Palmas, Spain

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)