

Special Issue

Nutrition Status and Policies in Low- and Middle-Income Countries

Message from the Guest Editor

The primary nutritional status indicators including obesity, overweight, underweight, and short stature are changing in many low- and middle income countries (LMICs). Thus, it is important to examine the determinants of these indicators in these countries using the most recently available data and if possible compare how these have changed over time. Furthermore, understanding the public health implication of fiscal policies is crucial to combat recently increasing overweight and obesity rates in many LMICs, some of which are experiencing an unprecedented rise in these rates. It is important to examine the implication of food policies, mainly tariff rates on “unhealthy” foods, including sugar and confectionery products as well as fats and oils, and governments’ subsidies on individuals’ body weight outcomes. Furthermore, it is important to examine the implications of the increase in subsidy rates, as a share of government expenditure, on higher overweight and obesity rates including identification of population sub-groups where the implications of these food policies are more pronounced.

Guest Editor

Dr. Haider Mannan

Translational Health Research Institute, Western Sydney University,
Campbelltown, NSW, Australia

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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