

Special Issue

Effects of Dietary Intake of Nutrients on Brain and Cognitive Function

Message from the Guest Editor

The relationship between cognitive function and dietary intake is a rapidly developing area of research that has substantial implications for public health. The objective of this Special Issue is to compile research that elucidates the influence of a variety of nutrients on brain health, cognitive performance, and neuroprotection. We encourage submissions that investigate the mechanisms of action, epidemiological studies, clinical trials, and innovative methodologies for evaluating the impact of nutrients on cognitive function. The goal is to inform dietary recommendations and interventions that promote cognitive health across the lifespan by advancing our understanding of this area.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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