

Special Issue

Dietary Products for Women's Reproductive Health and Diseases

Message from the Guest Editor

Dietary products, including nutraceuticals, functional foods, and bioactive natural compounds, are increasingly recognized for their potential to support women's reproductive health and to complement existing therapies for reproductive diseases. Conditions such as uterine fibroids, endometriosis, polycystic ovary syndrome, infertility, and reproductive cancers are driven by complex molecular and cellular processes, including inflammation, oxidative stress, fibrosis, hormonal dysregulation, metabolic alteration, immune dysfunction, and cellular senescence, many of which are modulated by dietary interventions. This Special Issue, 'Dietary Products for Women's Reproductive Health and Diseases', invites the submission of original research articles, comprehensive reviews, and translational studies that investigate the molecular mechanisms, therapeutic effects, and health benefits of dietary products in relation to reproductive health and diseases.

Guest Editor

Dr. Md Soriful Islam

Department of Gynecology and Obstetrics, Johns Hopkins University School of Medicine, 720 Rutland Ave, Ross Research Building, Room 624, Baltimore, MD 21205, USA

Deadline for manuscript submissions

28 September 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/251827

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)