

Special Issue

Dietary Intervention in Gastrointestinal Functions

Message from the Guest Editor

Dietary intervention is pivotal in shaping gastrointestinal functions and addressing related disorders. From influencing metabolism to modulating gastrointestinal hormones and microbiota, diet serves as a potent tool for supporting gastrointestinal well-being.

This edition investigates the concept of intestinal permeability and its implications across various diseases. Through an exploration of dietary components and their potential to modulate intestinal permeability, this Special Issue seeks to offer valuable insights into strategies for preventing and managing conditions associated with intestinal barrier dysfunction.

We welcome contributions from esteemed researchers in the field to enrich this Special Issue with cutting-edge research and innovative perspectives, further enhancing our understanding of the intricate interplay between diet and gastrointestinal health.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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