

Special Issue

Nutritional Monitoring and Intervention in Inflammatory Bowel Diseases

Message from the Guest Editor

Diet plays a central role in the pathogenesis, clinical course, and management of Inflammatory Bowel Diseases (IBD), including Crohn's disease and ulcerative colitis. Over recent years, increasing evidence has highlighted how specific dietary components and patterns can influence intestinal inflammation, microbiota composition, and therapeutic response. Nutritional management has therefore emerged as a cornerstone in both the prevention of disease relapse and the improvement of patients' quality of life. We are pleased to invite you to submit your research to this Special Issue of *Nutrients*, which aims to provide an updated and multidisciplinary perspective on the interaction between diet, nutrition, and IBD pathophysiology. In this Special Issue, we welcome original research articles and reviews. Research areas may include (but are not limited to) the following: dietary interventions, exclusion and enteral diets, nutritional deficiencies, microbiota modulation, personalized nutrition, nutraceuticals and innovative digital tools for dietary monitoring in IBD. We look forward to receiving your valuable contributions.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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